

**GB Fitness<sup>®</sup>**

**British Complimentary Medicine Association  
&  
Complimentary Medical Association**  
**DIPLOMA IN ADVANCED NUTRITION**  
**FOR OPTIMUM HEALTH**

Including Principles of:

*anatomy & physiology of the digestive system  
micro nutrients & macro nutrients  
anti oxidants  
probiotics and prebiotics  
the importance of essential fats  
cholesterol, diabetes, anaemia and other health issues  
body composition assessment  
exercise principles for health  
hydration  
food allergies and intolerances  
drug/nutrient interactions  
supplementation & R.D.A.'s vs. Optimal levels  
special dietary considerations  
and more...*

**PASS**

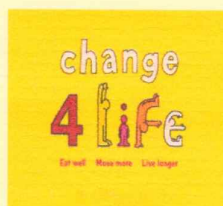
**Awarded to  
Danny Griffin  
dated  
July 2014**

*signed by*  
.....

**Cain Leathem  
Course Director**



**reflex<sup>®</sup>**  
Tomorrow's Nutrition Today™



U.K.P.R.N. (U.K. Provider Reference Number) is: 10037181